

Iroquois Strawberry Drink

Ingredients

1 pint ripe strawberries
4 cups water
4 Tbs. maple sugar

Utensils

knife and cutting board
measuring cup
measuring spoons
colander
large mixing bowl
masher **or**
blender **or** food processor

Wash the strawberries and drain them in a colander. Remove the leaves and stems and cut the berries into small pieces. Place the berries in the mixing bowl and mash them, or place the berries in a blender or food processor and process until smooth. Add the water and maple sugar and mix well. Serve chilled. Iroquois strawberry drink can be made in advance of the meal and stored in the refrigerator.