

## **Dublin Coddle** **(Irish Sausage, Bacon, Onion, and Potato Hotpot)**

This traditional supper dish of sausages, bacon, onions, and potatoes dates back at least to the early eighteenth century. It seems to be more of a city dish than a rural one, and was a favorite of Jonathan Swift, author of *Gulliver's Travels* and dean of Christ Church Cathedral in Dublin. The name of the dish is probably descended from the older word *caudle*, derived from a French word meaning "to boil gently, parboil, or stew." The more recent version of the verb, "coddle," is still applied to gently cooked eggs.

Please note, the sausages used should be the best quality 100% pork sausages you can get your hands on! This recipe would also work VERY well if cooked in a crock-pot; reduce the liquid by about half if cooking the coddle this way. Serve with Guinness and Irish soda bread. Sláinte.

### **Ingredients**

4.5 pounds potatoes  
2 large onions peeled and thickly sliced  
1-pound good quality pork sausage  
1-pound thick cut bacon  
2 cups water  
1 ham stock cube. (beef or chicken can be substituted)  
3-4 Tbs. chopped fresh parsley  
Salt  
Course ground black pepper

Peel the potatoes. Cut large ones into three or four pieces: leave smaller ones whole. Finely chop the parsley. Boil the water and in it dissolve the bouillon cube.

Grill or broil the sausages and bacon long enough to color them. Be careful not to dry them out! Drain briefly on paper towels. When drained, chop the bacon into one-inch pieces. If you like, chop the sausages into large pieces as well. (Some people prefer to leave them whole.).

Preheat the oven to 300F. In a large flameproof heavy pot with a tight lid, start layering the ingredients: onions, bacon, sausages or sausage pieces, potatoes. Season each layer liberally with fresh-ground pepper and the chopped fresh parsley. Continue until the ingredients are used up. Pour the

bouillon mixture over the top. On the stove, bring the liquid to a boil. Immediately turn the heat down and cover the pot. (You may like to additionally put a layer of foil underneath the pot lid to help seal it.). Put the covered pot in the oven and cook for at least three hours. (Four or five hours won't hurt it.) At the two-hour point, check the pot and add more water if necessary. There should be about an inch of liquid at the bottom of the pot at all times.

To serve: Guinness, bottled or draft, goes extremely well with this dish (indeed, adding a little to the pot toward the end of the process wouldn't hurt anything). Another good accompaniment is fresh soda bread, used to mop up the gravy.